

5 YEAR PLAN

Character Overview; Aspire, PPE, SMSC, PSHE, BV, RE, Leadership

Examples of links to:

Relationships

Health & Wellbeing

Living in the wider world

PREVENT/British Values

LEADERSHIP SPECIALISM

KS3 - Year 1 (Taught Academic Year 2020-2021)

Learning Cycle:	LC1	LC2	LC3	LC4	LC5
ASPIRE Value:	Aspiration and Achievement	Self-awareness	Professionalism	Integrity and Respect	Endeavour
RSE Link:	Respectful relationships, including friendships Mental wellbeing	Respectful relationships, including friendships Online and the media		Mental wellbeing Physical health and fitness Healthy eating Health and prevention	Families Mental wellbeing Changing adolescent body
Overarching Topics:	Identity & skills Introduction to character education	How can I be influenced by others? Prevent/British Values The wider world	Being professional at school and beyond Being the best me Wider world	How can I respect my body? Health & Wellbeing Healthy living	Endeavouring to have positive relationships Changing relationships and diversity Relationships
Subtopics to be taught:	<ul style="list-style-type: none"> Character building (personal strengths) Friendships Bullying 	<ul style="list-style-type: none"> Fundamental British Value; Tolerance of different faiths 	<ul style="list-style-type: none"> How can we shop ethically? How can we budget our money? 	<ul style="list-style-type: none"> Importance of balanced diet (<i>dangers of anorexia/obesity, factors and choices behind diet</i>) Exercise 	<ul style="list-style-type: none"> Managing puberty Puberty -What happens, when & why?

	<ul style="list-style-type: none"> Negative and positive Relationships 	<ul style="list-style-type: none"> When intolerance occurs; What is extremism? (introduction) Staying safe and free from harm in society - radicalisation. Online risks and safety/Fake news - what to believe? (power of the press) 	<ul style="list-style-type: none"> Savings loans and interest, how do they work? 	<ul style="list-style-type: none"> Importance of sleep and link to technology Healthy work/life balance What constitutes a healthy lifestyle? Personal hygiene (incl oral health) 	<ul style="list-style-type: none"> Different forms of relationships/family (marriages, same sex couples, friendships, parents) Healthy/Unhealthy relationships and unwanted contact Bullying/Peer pressure; sexting
Other links across school and resources	Links in with bootcamp week and the ASPIRE code Bully Busters	ICT Performance from drama company on exploitation / prevent assembly Cultural trip- culture week	Trips: Virtual visit to school from Bank of England Resources: www.natwest.mymoneysense.com	Mindfulness sessions	ICT Science

KS3 Year 2 (Taught Academic Year 2021-2022)

Learning Cycle:	LC1	LC2	LC3	LC4	LC5
ASPIRE Value:	Aspiration and Achievement	Self-awareness	Professionalism	Integrity and Respect	Endeavour
RSE Link:	Mental wellbeing	Respectful relationships, including friendships Intimate and sexual relationships, including sexual health Drugs, alcohol and tobacco		Respectful relationships, including friendships Online and the media Being safe Mental wellbeing Internet safety and harms Internet safety and harms	
Overarching Topic:	Thinking about the future Opportunities & me	The impact of choices Making wise, healthy choices and personal safety	Managing money professionally Being financially independent	Relationships Relationships in different forms and emotional literacy	Global issues and the environment Community on a global scale

Subtopics to be taught:	<ul style="list-style-type: none"> Personal strengths/weaknesses Personal review Different types of work (voluntary/part time) Applying school subjects and experiences to reality 	<ul style="list-style-type: none"> Perceived low risk drugs (<i>tobacco, cannabis, alcohol</i>) Moral compasses (peer pressure) Fundamental British Value; The Rule of Law Consequences of poor, anti-social behaviour (fighting, assault, slander, littering)/Life with a criminal record 	<ul style="list-style-type: none"> What is the economy? How has the economy changed? How jobs are changing and social mobility Making informed financial decisions/risk/value for money Strategic selling and value for money 	<ul style="list-style-type: none"> Domestic Conflict & Running away from home Body image Personal body image and self esteem Consent and introduction to sexuality Dangers of image share & Sexting How can we prevent radicalisation & extremism? 	<ul style="list-style-type: none"> Diversity in the global community; religious, cultural and economical Extremism in the minority Fair trade/Sweat shops Environment
Other links across school and resources		Adaction visit Dangers of smoking for identified group Knife crime assembly Culture week	Bank of England resources		

KS3 Year 3 *(Taught Academic Year 2022-2023)*

Learning Cycle:	LC1	LC2	LC3	LC4	LC5
ASPIRE Value:	<ul style="list-style-type: none"> Aspiration and Achievement 	Self-awareness	Professionalism	Integrity and Respect	Endeavour
RSE Link:	Respectful relationships, including friendships	Respectful relationships, including friendships Mental wellbeing	Respectful relationships, including friendships	Online and the media Being safe Intimate and sexual relationships, including sexual health	Intimate and sexual relationships, including sexual health Internet safety and harms
Overarching Topic:	Employment Employment, money & me	Mental health My health and identity; knowing myself	Modern Culture The law & community	Safe sex Contraception, communication & pregnancy	Healthy lifestyles Keeping myself healthy and free from addiction

Subtopics to be taught:	<ul style="list-style-type: none"> • Employment in UK (diversity of national and local employment) • Working rights laws • Applying salaries to aspirational lifestyle • Mock interviews 	<ul style="list-style-type: none"> • Gender stereotypes/homophobia and transphobia. • Eating disorders • Self-harm/ Suicidal thoughts • Resilience online and face to face 	<ul style="list-style-type: none"> • Offensive weapons (motivations/consequences) • Gangs, anti-social behaviour friendships • How does the criminal justice system work? • Crime, gangs and country lines • Conflict resolution at home • RE; Cultural tensions (force marriage, FGM) • Consent and abuse support 	<ul style="list-style-type: none"> • Consent and the connection between love and sex • Different forms of contraception • Risk; Unprotected sex pregnancy and sexting • How do we deal with peer pressure? • How does child sexual exploitation happen? (Incl FGM) • Domestic violence and abusive relationships • Catholicism and viewpoints on contraception/sex before marriage 	<ul style="list-style-type: none"> • What is addiction; using gambling as an example • Drug focus; What is an illicit substance? • Assessing risk; from legal highs to illegal drugs. Peer pressure. • Addiction and where to get help • Spirituality and inner determination
	NatWest and money awareness assembly	Online safety assembly	Culture trip Assembly from community police officer	Brook services visit	Culture week

KS4 Year 1 *(Taught Academic Year 2021-2022)*

Learning Cycle:	LC1	LC2	LC3	LC4	LC5
ASPIRE Value:	Aspiration and Achievement	Self-awareness	Professionalism	Integrity and Respect	Endeavour
RSE Link:		Intimate and sexual relationships, including sexual health		Families Respectful relationships, including friendship Being safe	Families Mental wellbeing

				Intimate and sexual relationships, including sexual health	
Overarching Topic:	Democracy and human rights Fundamental British Values and community cohesion	Sexual Health Sexual and mental health	Professionalism in the workplace The World of Work	Respecting relationships Respecting partners and challenging relationship myths	Crises and changes
Subtopics to be taught:	<ul style="list-style-type: none"> Democracy and my right to vote Migration in Liverpool Asylum and the law Human rights Religion in Britain 	<ul style="list-style-type: none"> Different levels of intimacy and pornography Sexual Health and STIs HIV- a case study Infertility Gender and trans identity 	<p><i>TO BE OVERSEEN BY DH AND POE</i></p> <ul style="list-style-type: none"> Rights and responsibilities for employers and employees How jobs have changed How to find job/apprenticeships Savings bonds, mortgages, investments Debt 	<ul style="list-style-type: none"> Emotional abuse Physical abuse Peer on peer abuse Healthy relationships Forced and arranged marriages Harassment Assertive communication to help Respect within spirituality 	<ul style="list-style-type: none"> Families and parenting – types of family. What is marriage? Legal implications as well as why people choose to get married. How these relationships might contribute to human happiness and their importance for upbringing children. Separation and divorce
Other links across school and resources		Brook visit			

KS4 Year 2 (Taught Academic Year 2022-2023)

Learning Cycle:	LC1	LC2	LC3	LC4	LC5
ASPIRE Value:	Integrity and Respect	Aspiration and Achievement	Professionalism	Self-awareness	
RSE Links:	Online and the media Internet safety and harms	CIAG – Overseen by POE and DH	Being Safe Mental wellbeing Health and prevention	Intimate and sexual relationships, including sexual health	
Overarching Topic:	Relationships	Living in the wider world	Health and wellbeing	Health and Wellbeing	
Subtopics to be taught:	<ul style="list-style-type: none"> Is pornography dangerous? 	<ul style="list-style-type: none"> Post 16 Choices - opportunities available to students post-16. 	<ul style="list-style-type: none"> Recognising signs of ill health Seeking help 	<ul style="list-style-type: none"> Choice to abstain from sex 	

	<ul style="list-style-type: none"> • Impact of pornography/social media on self-image and how this may affect how they behave towards others • Violence against Women and girls 	<ul style="list-style-type: none"> • Busting BTEC Myths • A-Level choices – Using Unifrog to research potential careers, degree subjects, and interests that will help them to identify A-Level options. • Introduction to apprenticeships • Well being – recognising stress and anxiety • Revision techniques • Coping with changes 	<ul style="list-style-type: none"> • Impact of unhealthy living and ill health (incl cancer and cardio vascular ill health) • The benefits of regular self-examination and screening. 	<ul style="list-style-type: none"> • Facts around pregnancy and miscarriage • Choice in regards to pregnancy • Challenges faced when becoming a new parent 	
Other links across school and resources					